

**DES MOINES AREA
PARKINSON'S DISEASE SUPPORT GROUP
New Hope United Methodist Church
4525 Beaver Avenue, Des Moines**

Two informal discussion groups will meet at 3:15 p.m. prior to the educational program. One group will be for people with Parkinson's disease and will be in the Family Life Center. The other group will be for the care partners of people with Parkinson's disease (the spouses, children, friends and significant others) and will meet in the Fellowship Hall. At 4:00 p.m., the educational program will begin in the Family Life Center revolving around a topic that follows for the respective months.

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| March 4, 2009 | “Brain Wellness”
Robert Bender, MD
Geriatrician
Orr Memory Center |
| April 1, 2009 | “Understanding Parkinson’s Medications”
Kristin S. Meyer, PharmD, CGP, CACP, FASCP
Speech-Language Pathologist
Iowa Health – Des Moines |
| May 6, 2009 | “When It Goes Down the Wrong Pipe”
Shawn Kyhl, MA, CCC-SLP
Speech-Language Pathologist
Iowa Health – Des Moines |
| June 3, 2009 | “Communication: Here and Today”
Sam Erwin
Coordinator, APDA Information & Referral Center
Iowa Health – Des Moines |
| July 1, 2009 | Group discussion on the “Challenges/Solutions of
Living with Parkinson’s Disease”
Led by Valerie Stickel, RN, MS., MSCN
Neuroscience Center Coordinator
Mercy Medical Center, Des Moines |

New Hope United Methodist Church is located on the northwest side of Des Moines. From Merle Hay Road, drive east on Meredith Drive to the stoplight at Beaver Avenue. Turn right on to Beaver Avenue. The church is approximately one block south of Meredith Drive on the east side of the street. For more information, please call facilitators Patrice Webber at (515) 241-3445 or Valerie Stickel at (515) 358-0002.